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Parental support for the sake of the Child and the benefit of the client.

in collaboration between PPS and Bufff

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Introduction



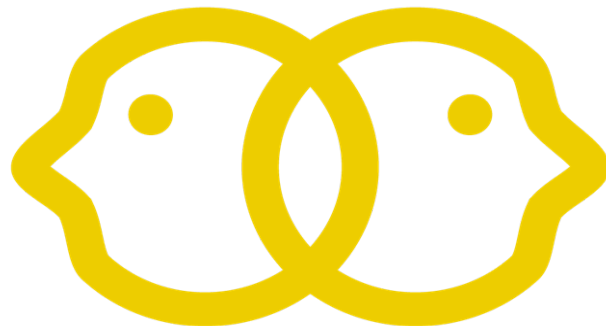
Children and Youth with
Parent/Family member
in Prison



Kriminalvården

How many children are affected in Sweden and who are they?

- Around 30 000 Children is affected by a parent going to prison. The estimated number is probably relatively low, though only children with biological parents in prison are accounted for. If we took in account all children affected by having someone within close family like for e.g children with stepparents and older siblings etc, the number of children impacted would increase.
- Our clients' own children, siblings of our clients, grandchildren of our clients, Children (infants) who live in remand prisons and prisons with their parent(s) -about 20 per year and clients who are children, those under 18 years of age



Why should the PPS work with parental support and activities around children?



- UN Convention of the Rights of the Child
- **Article 18 (CRC)**“Both parents have mutual responsibility for the child’s upbringing and development. If the parents need support the society should see to that there is support to get.
- State strategy from 2014, in order to strengthen children's rights in Sweden, states that all government is obligated to implement CRC.
- PPS **vision** is that spending time in the prison and probation system will bring about change, not simply provide secure custody. We want to encourage our clients to live a better life after serving their sentences.

How is the child's perspective taken into account in the Swedish PPS today?



- Child Ombud in all prisons and remand prisons – at all units. With suitable education and with an assignment to support children, staff and clients in prison or on probation.
- Weekly calls to all children (15 minutes per child). Free of charge
- Parental groups in cooperation with Bufff
- Bedtime stories from inside in cooperation with library
- Cooperation with non-profit organizations
- Visiting rooms for children and their family

Childfriendly visitor rooms

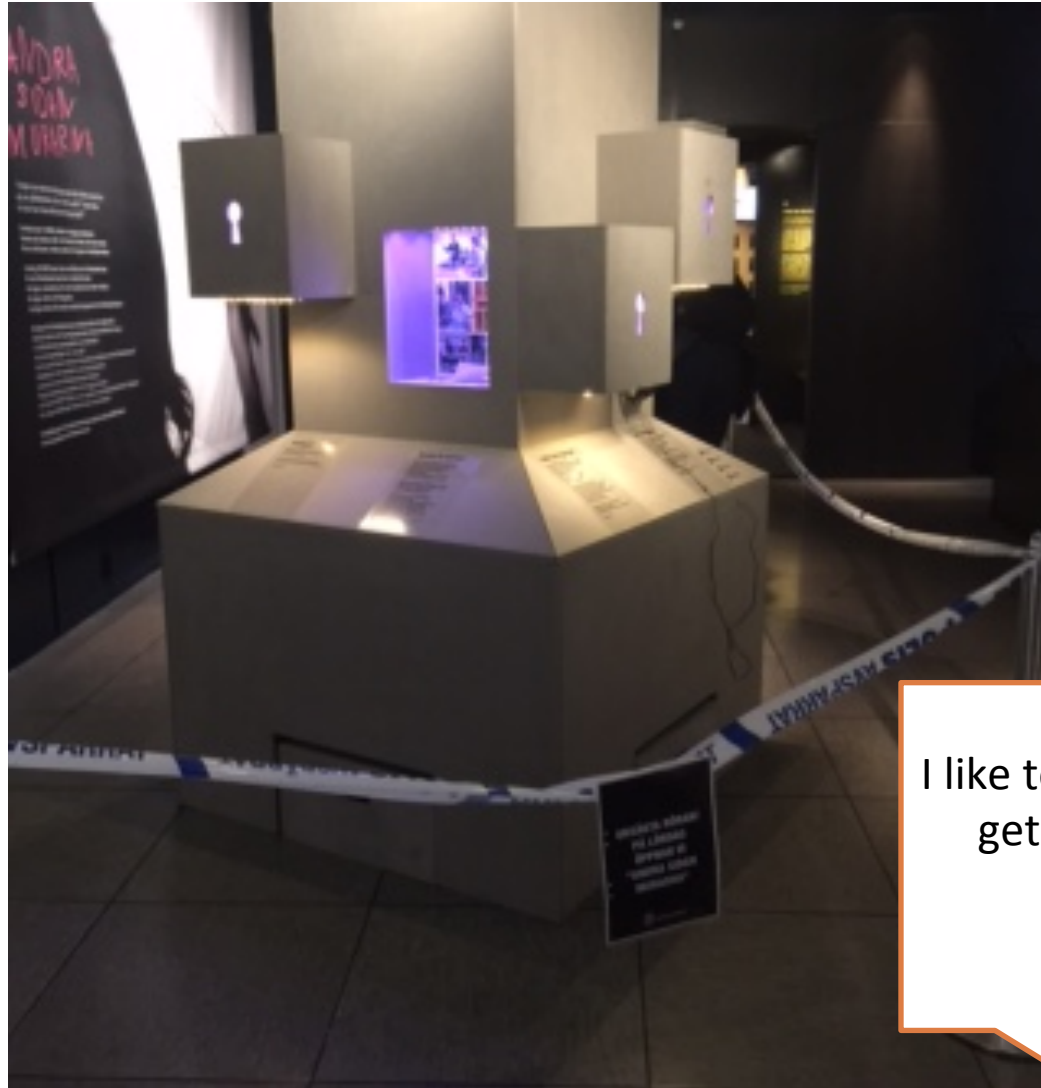


How are we improving, development, challenges?



- Implementing Parental-groups and child talks
- Testing alternative ways to communicate, for e.g. Skype
- New guidelines for implementing child perspective
 - Cooperation with non-profit organizations

Exhibition, the polis museum



I like to be like John when I
get older – a building
engineer”
Boy 12 year

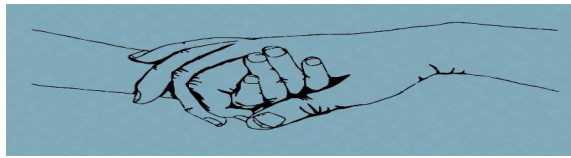
Why is collaboration between PPS:s and BUFFF important?

The Prison and Probation Service has knowledge of its clients, BUFFF has knowledge of children and their needs

Build interfaces between the authority and civil society - important for families on the outside and for clients on release

For our children's sake





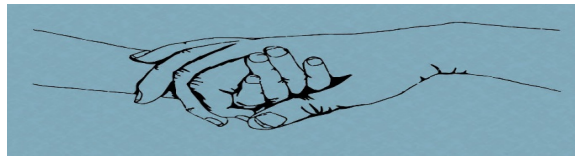
For our Children's sake- our ambition

- Increase quality and status
- Give all clients the possibility to talk about their children, regardless if they were in remand prison, prison or on probation, either in group or individually.
- With the old material we were only reaching a fraction of all clients.
- We needed to get mandate from the top in order to get this new material to work in structure
- We needed to know that the program held the same quality all over Sweden, so that the client get equal amount of support.

Our thoughts and our challenges

We had a target group...

- ✓ with everything and nothing in common
 - ✓ Female or male
 - ✓ multiple problems
- ✓ educated or almost no education
 - ✓ Different family situations
 - ✓ Different chance to release
- ✓ And nothing was wrong with their children 😊



The material: One group leader manual and one workbook for the parent.

Aim; To support the parents in their parental role in order to promote the child's positive development.

Target;

Give increased knowledge about children's development and what a separation from the parent can mean to the child.

Give knowledge about protective factors and beneficiary factors, that work against risk factors for child development

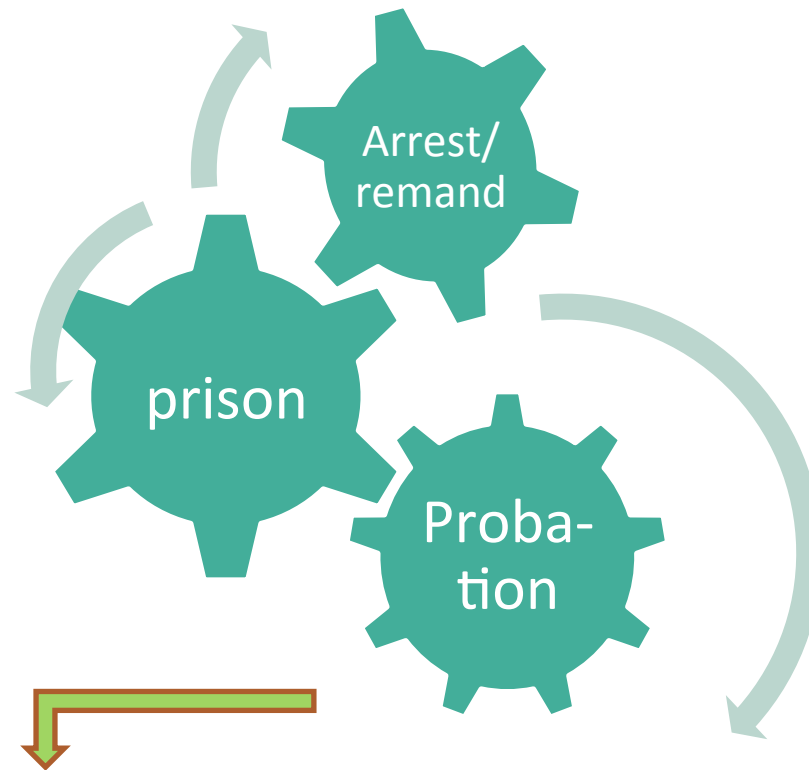
Give knowledge about children's needs, and how children can think and feel when a parent is committed for a crime.

Give knowledge about the importance of the parent and how important it is to have parents/adults that collaborate.

9 + 1 meetings

Meeting 1	<i>Welcome to the parent group</i>
Meeting 2	<i>I as a parent</i>
Meeting 3	<i>Children's thoughts and feelings</i>
Meeting 4	<i>Children's development and needs</i>
Meeting 5	<i>Children of people in custody</i>
Meeting 6	<i>Conflicts, violence and security</i>
Meeting 7	<i>My challenges</i>
Meeting 8	<i>Five roles in parenthood</i>
Meeting 9	<i>New start, reunion and conclusion</i>
Meeting 10	<i>Optional meeting</i>

Parental support – from arrest/remand prison to and probation/release



Community
based program

Parental support - remand prison “child talk”

When?

- Arrest / remand prison /prison
– early on.

Target

- For all parents, stepparents, older siblings

Aim

- Give knowledge to parent, strengthen child's ability to Cope.

Parental support – in prison for the sake of the child

When?

- During sentence -prisons

Target

- Parents, stepparents

Aim

- Increase knowledge about development, separation, protective- and risk factors, needs

The goals of the parent groups in the Prison and Probation Service



- Get to know the specific needs
- To develop their parenthood
- Strengthen motivation to make changes



Parental support – probation for the sake of the child

When?

- On probation

Target

- Parents, stepparents

Aim

- Increase knowledge, motivate to community based program

The purpose of parent education in the Prison and Probation Service

The purpose is to support parents in their parental role in order to promote positive development in children.

Plus:

- ✓ give the participants an opportunity to reflect on parenting, based on prepared themes
- ✓ through group talks, share their thoughts and experiences of parenting
- ✓ develop their own individual plans for how they will be the good parent they wish to be after their time in prison

How do we maintain and increase high quality?

- 3 + 2 days' training
- Practical training in leading Parent Groups during the training period
- Backup option through telephone coaching during the training period
- BUFFF has educate educators in PPS so that the educate in the future is in-house.



Target Group

The following criteria may be helpful in terms of choosing suitable leaders for the programme:

- experience in conducting parent circles
- experience in running crime and substance abuse related programmes in groups
 - basic competence in Motivational Interviewing
- genuine interest in working with support of clients in their parental role

Evaluation

An evaluation of the parental education will be made by the Prison and Probation Service research unit to see what effects parental education have on:

- the risks of recidivism
- the relationship between children and parents - are they improved through the parental education programme?

Ongoing – adaption to groups with special needs

- Sexual and related crimes sentenced
 - Sentenced to deportation
 - Woman and pregnancy

Parental support – implementation, what needs to change?

- Political will, the rights for CoP needs to be accounted for and the group must be made visible.
- Correctional system needs an assignment, and parental support should be within structures
- Correctional system needs resources

Thank you for your attention!
Merci de votre attention!

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